



BOYS & GIRLS FOR INCOMING GRADES 2ND-6TH

Grades are based on the upcoming (2026-2027) school year.

TWO 3-WEEK PROGRAMS

TUESDAY, WEDNESDAY & THURSDAY 11:30AM-12:30 PM
HEATH HIGH SCHOOL INDOOR FACILITY

JUNE

9th-11th - 16th-18th - 23rd-25th

JULY

7th-9th - 14th-16th - 21st-23rd

\$150 PER 3-WEEK SESSION

REGISTER ONLINE

*Scan the QR Code
To Register Online*



ON-SITE REGISTRATION

*Cash or Check Made Payable to:
Future Hawks Strength and
Conditioning*

ONLY registration is online - ALL PAYMENTS WILL BE PROCESSED ON-SITE

For more information contact Coach Josh Hickman at josh.hickman@rockwallisd.org

CAMP LOCATIONS / REGISTRATION

FUTURE HAWK STRENGTH & CONDITIONING WILL BE HELD AT THE HEATH HIGH SCHOOL INDOOR FACILITY

- PLEASE SEND WATER AND HAVE YOUR CHILD'S NAME ON EVERYTHING**
- ALL ATHLETES NEED TO HAVE CLEATS AND TENNIS SHOES EVERYDAY**
- ALL TRAINING SESSIONS ARE TUESDAY- THURSDAY**